



Pupillen ochtendprogramma

Loopnummers	Ver- en Hoogspringen	Kogel 2stoten, Balwerpen
10.00 40 m U8-MV	10.00 Hoog U12-M	10.00 Bal U9 U10-V
10.10 40 m U9 U10-M	10.15 Ver 1 U8-MV	10.00 Kogel 2 U12-V
10.25 40 m U9 U10-V	10.35 Ver 1 U9 U10-M	10.25 Kogel 2 U11-MV
10.40 60 m U12-V		10.35 Bal U8-MV
10.50 60 m U12-M		
11.00 60 m U11-MV	11.00 Ver 1 U9 U10-V	
	11.00 Hoog U12-V	11.05 Bal U9 U10-M
11.15 600 m U8-MV		11.10 Kogel 2 U12-M
11.25 600 m U9 U10-V	11.25 Ver 1 U11-MV	
11.30 600 m U12-V		
11.40 600 m U9 U10-M		
11.45 600 m U12-M		
11.55 600 m U11-MV		

**Legenda:**

U8-MV = JPup mini + MPpup mini

U9 U10-V = MPup B + MPup C

U9-U10 M = JPup B + JPup C

U11-MV = JPup A1 + MPup A1

U12-M = JPup A2

U12-V = MPup A2



*Chronologisch Overzicht*

Juniores Senioren middagprogramma

Loopnummers	Ver- en Hoogspringen	Werpnummers
		12.15 Discus U14-MV
		12.15 Speer U13-MV
12.30 100 m Sen U18-U20 U16-M	12.45 Ver 1 U16-V	
13.00 60m U13 U14-V		13.00 Discus U16-M
		13.05 Speer U18-U20
13.25 80m U13 U14-M		13.05 Kogel 2 Senioren
	13.35 Hoog 1 U13-MV	
	13.35 Hoog 2 U14-MV	13.40 Discus Sen U18-U20
	13.45 Ver 1 U16-M	
		13.45 Speer U16-V
	14.25 Ver 1 Sen U18-U20	
		14.30 Speer U16 M
		14.45 Discus U13-MV
		14.45 Kogel 2 U16-V
15.15 300 m Sen U18-U20 U16-M		15.05 Speer U14-MV
15.30 600 m U16-V		
15.40 600 m U13-MV		
15.50 600 m U14-MV		